



Learning Disabilities Strategy workshop 1 feedback

For the Redbridge Learning Disabilities
Partnership Board



About this document



In this document we have used some words that not everyone will understand. We have written these words in bold and we will explain what they mean.



We held a meeting in June to start working together on our **Learning Disability Strategy** for Redbridge.

This strategy will be a document that describes how we can make sure local people with learning disabilities and their carers have great lives.



We will be talking to people with learning disabilities, their families and carers, and people who work with them. You will decide what goes in the strategy with us.

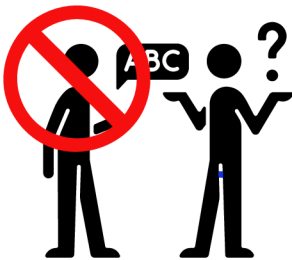
This document will describe what we said at our meeting and talk about what we will do next.

Our meeting



We have made notes on all the things you told us at the June meeting.

We made some rules based on these things. We will all be following these rules at our next meetings.



When we are talking, we must avoid difficult words and explain things clearly. Everyone should be able to understand and join in.



The meeting organisers will try our best to share information two weeks before we have our meetings.



People who give their time should be thanked and paid fairly.

What is most important to us?



The group started work on the strategy by thinking about what was most important to them.

6

We looked at 6 things that local people in Barking and Dagenham had said was important to them.

what do I think



We thought about if they were right for us.

We talked about why they were important to us.

We thought about what was missing.

How we live safe, happy, and healthy lives



The **priorities** in our strategy should say what it means for people with a learning disability to feel safe, happy, and healthy.

A priority is something that is most important to us.

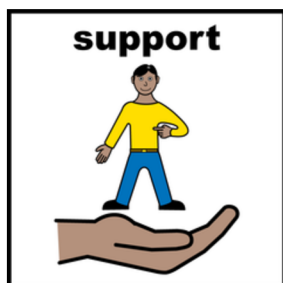
For people in Barking and Dagenham this meant 6 things:



1. Feeling safe and accepted



2. Good health

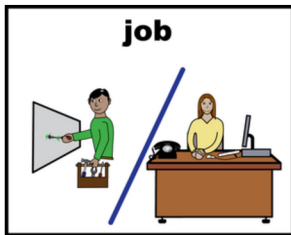


3. The right support

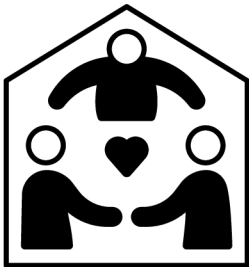
How we live safe, happy, and healthy lives



4. A good home



5. More job opportunities



6. Having friends, relationships, and feeling connected to others



We talked about these 6 things and why they might be important to us.

We also talked about other areas that we might want to include in our strategy to make sure that we cover everything that is important.

Accessibility



It is really important to us that we can easily find and understand the information that is relevant to us.

This means taking jargon out of things like leaflets, texts, and emails.

It also means testing out community ideas of different ways to pass on information.

We want to be accessible employers, so we also need to make sure that the information we write down for **professionals** and employees is accessible.

Professionals are people who have had special training and work in the National Health Service, like nurses or doctors.



Accessibility



Accessibility is also about making sure places and services are easy to use and meet the needs of people with learning disabilities.

The group shared some ways this might be important. For example:



They might have different needs from online booking systems.



We need to make sure everyone in the community knows about the support they can get.



People with learning disabilities might need longer appointments to make sure there is plenty of time for them to understand their care at their own pace.



Doctors might not know about the needs of people with learning disabilities as they might not have had training in this area.

Feeling safe and accepted



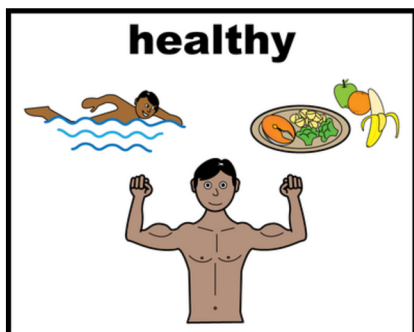
Everyone's needs might be different, and different things will be important to different people.

Feeling safe might also be affected by other things like gender.



We could think about how we can help people working in the community like police officers or bus drivers to understand the needs of people with learning disabilities.

Good health and wellbeing



Wellbeing is also important, so we should talk about that in the strategy.

Wellbeing means how you feel and how you interact with others, as well as your physical health.

Good health means putting people first and helping them to take part in decisions about their care.

Good health and wellbeing



We said that there are lots of things about health and wellbeing that we could talk about in more detail.

For example, good health might look like this:



- Hospital passports being read and used more often.
- Health staff are aware of and meet the needs of different people.



People know about the support that is

- available to them and their rights in the system.



- People find services physically accessible.
- Things that stop people from accessing services are changed (e.g. booking forms).
- Clearer information and involvement of people when changes are being made to their medication.

The right support



People shouldn't have to retell their story many times to different people.



People should be confident that they know where to go for support, and the support should cover everything they need.

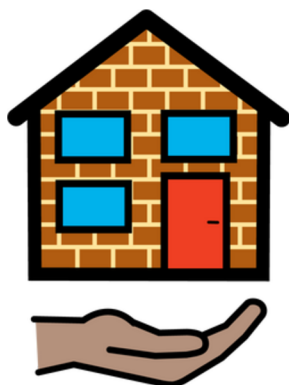


We want to make sure that people with learning disabilities can be confident in speaking up for themselves.



We need to think about how we support carers and families too.

A good home



“A good home can be many things”

Different people might need different things from their home space.

We need to think about people who are homeless, in temporary accommodation, or renting their home.

More job opportunities



Support should involve more than just job searching and should include things like mentoring.

We need to think about how we can change attitudes that people have about employing people with learning disabilities.



We could think about how to train people to be more supportive of colleagues with learning disabilities.



We also need to think about lifelong learning and what happens after people leave school.

Having friends, relationships, and feeling connected to others



Community groups can help with supporting people to connect with their community.

We need to think about how we can support them to offer more opportunities to get involved.

Next steps



We will be having more meetings together this year.

At these meetings we will talk about these seven priorities in more detail.

We will talk about what challenges adults with a learning disability, their families, and carers can face in each of these seven areas.

We will explore how people want things to be, and how they want to feel.

We will talk about what the council, NHS, housing, police, and other local organisations plan to do to help them feel this way.

We would like to write things in your own words, so we will be asking you to write down some quotes.



London Borough of

Redbridge

